

# ARTIFICIAL INTELLIGENCE AND CYBER DEFENSE SYSTEMS FOR THE EXAMINATION COUNCIL OF ZAMBIA: A QUALITATIVE STUDY ON AI APPLICATIONS AND CHALLENGES

Stephen Kelvin Sata  
*ICOF Global University, Lusaka, Zambia.*  
*Corresponding Email: [stephensata@gmail.com](mailto:stephensata@gmail.com)*

**Abstract:** In the modern digital environment, when protecting sensitive data and maintaining the integrity of organizational operations are crucial, the incorporation of artificial intelligence (AI) into cyber defense systems has grown in importance. This study explores the use of artificial intelligence (AI) to improve cyber defense systems at the Examination Council of Zambia (ECZ), an organization in charge of overseeing national exams that are vital to the socioeconomic and educational advancement of the nation. In addition to identifying the obstacles that prevent the successful deployment of AI-based solutions, the research attempts to investigate the potential of AI-driven technologies to mitigate cyber risks, enhance system resilience, and safeguard the integrity of examination data.

Using a qualitative research approach, the study analyzed documents of current cybersecurity frameworks and AI-related legislation in addition to conducting in-depth interviews with important stakeholders, such as administrators, legislators, and IT experts. The results show that by proactively detecting, anticipating, and reducing cyberthreats in real time, artificial intelligence (AI) techniques including machine learning algorithms, anomaly detection systems, and predictive analytics have enormous potential to improve cyber security mechanisms. By preventing data breaches, cyberattacks, and illegal access to examination systems, these skills can greatly improve the ECZ's capacity to uphold the security and integrity of examination procedures.

The report does, however, also point out a number of obstacles to the successful application of AI in the ECZ, such as a lack of technological and financial resources, a lack of qualified staff with experience in cybersecurity and AI, and worries about the moral and legal ramifications of AI use. Additionally, attempts to incorporate these cutting-edge technologies into current systems are made more difficult by the lack of comprehensive policies and frameworks designed for AI adoption.

The study highlights the pressing need for focused capacity-building programs to upskill staff, strategic investments in AI infrastructure, and the creation of strong regulatory frameworks to guarantee the moral and responsible application of AI in cybersecurity. By tackling these issues, legislators, stakeholders in education, and IT specialists may cooperate to fully utilize AI's revolutionary potential in building a safe and robust exam administration system. By providing practical suggestions for improving data security and institutional readiness in developing nations like Zambia, this study adds to the expanding corpus of research on artificial intelligence and cybersecurity in education.

**Keywords:** Artificial intelligence; Cyber defense; Examination systems; AI applications & qualitative study

## 1 INTRODUCTION

In the digital age, information system security has emerged as a major concern for businesses all over the world, especially those that handle sensitive data, including testing agencies and educational institutions. The confidentiality, availability, and integrity of vital information are under risk due to the sharp rise in cyberattacks directed at educational institutions. Because they handle sensitive exam records, results, and certifications, examination agencies like the Examination Council of Zambia (ECZ) are particularly at risk. Maintaining the integrity of educational evaluations, which are the cornerstone of academic and professional advancement in Zambia, as well as preserving public trust depend on these systems being secure. As the guardian of Zambia's examination systems, the Examination Council of Zambia is confronted with increasing difficulties in protecting its digital infrastructure. Even while they are crucial, traditional cybersecurity solutions are becoming less effective at thwarting increasingly complex and dynamic cyberthreats including ransomware, phishing, hacking, and data breaches. In order to strengthen cyber defense systems, this has made it necessary to investigate cutting-edge options like artificial intelligence (AI). AI presents previously unheard-of chances to improve cybersecurity frameworks because of its capacity to evaluate enormous volumes of data, spot trends, and anticipate dangers. In order to ensure the security and dependability of examination data, AI-driven systems—such as machine learning algorithms, predictive analytics, and anomaly detection mechanisms—can automate threat identification, mitigate risks in real-time, and reduce human error.

Although artificial intelligence (AI) has been shown to have promise in cyber protection, adoption in Zambia, especially in government agencies like the ECZ, is fraught with difficulties. These include a lack of funding, a lack of technological

know-how, inadequate infrastructure, and moral dilemmas related to the application of AI. To achieve successful deployment, integrating AI also necessitates a paradigm shift in current policies, organizational preparedness, and capacity building. Resolving these issues is essential to empowering organizations to successfully use AI technologies, especially in developing nations where resources are still limited and cyber risks are becoming more widespread.

This study investigates how the Examination Council of Zambia might improve its cyber defense systems by implementing AI-driven technology. It specifically looks into the possible advantages of AI, the state of cybersecurity today, and the obstacles to its effective application. In order to give a thorough grasp of AI applications in the context of the ECZ, the study uses a qualitative research technique and gathers opinions from important stakeholders, such as administrators, legislators, and IT specialists. The study's conclusions will add to the expanding conversation about AI's role in cybersecurity, especially in developing nations' educational institutions. It will also provide useful suggestions for legislators, stakeholders in education, and IT specialists on how to overcome implementation obstacles and use AI to protect private information.

## 2 LITERATURE REVIEW

Organizations are now more susceptible to sophisticated cyberthreats as a result of their increased reliance on digital platforms for sensitive data management. Cybersecurity is a major concern for organizations like the Examination Council of Zambia (ECZ), which is responsible for managing exam data that is essential to the educational system. The importance of artificial intelligence (AI) in strengthening cyber defense systems, its regional and worldwide applications, and the difficulties in implementing it are all examined in this review of the literature.

By overcoming the shortcomings of conventional security procedures, artificial intelligence (AI) has fundamentally altered the cybersecurity environment. Conventional systems mostly employ rule-based techniques, detecting and thwarting attacks using static, pre-established rules. These techniques work well against known vulnerabilities, but they are inevitably unable to cope with the ever-changing and complex nature of contemporary cyberattacks [1]. Conventional solutions are frequently reactive and insufficient due to the rapid expansion of threats including ransomware, phishing attacks, advanced persistent threats (APTs), and zero-day exploits. On the other hand, by automating threat detection, prediction, and mitigation, AI-driven cybersecurity solutions with machine learning (ML) and deep learning (DL) capabilities provide a proactive approach.

According to Sarker et al. (2021) [1], AI-based systems excel in analyzing large, complex datasets to identify patterns and anomalies that may signify cyber threats. Machine learning models, particularly those utilizing both supervised and unsupervised algorithms, are designed to recognize subtle deviations from normal behavior, flagging potential malicious activities in real time. Supervised learning relies on labeled datasets to train models for identifying previously known cyber threats, while unsupervised learning can autonomously detect new and emerging threats by identifying anomalies without prior knowledge of attack signatures [2]. This capacity makes AI particularly suited to addressing “zero-day” vulnerabilities—unforeseen flaws in software systems exploited before developers release fixes—by recognizing abnormal behavior or deviations indicative of an attack [3].

Deep learning techniques use neural networks to identify complex relationships and patterns in large amounts of data, and to enhance the capabilities of artificial intelligence. For example, convolutional neural networks (CNN) and recurrent neural networks (RNN) are used in cybersecurity to improve intrusion detection systems (IDS) and malware classification [4]. These systems automate the detection of known and unknown threats, allowing organizations to respond to attacks in real time while reducing reliance on human intervention, which is slow and easy to monitor [5].

In addition, AI can play a significant role in securing cloud-based systems, which are increasingly being used by academic institutions to streamline data management and online services. AI-powered cloud security tools can monitor user behavior, detect malicious activity, and prevent unauthorized data mining in real time [6]. This continuous monitoring ensures that test data is protected from tampering, thereby maintaining the integrity of the academic assessment process.

Predictive analytics and automated threat response represent new applications of artificial intelligence in cybersecurity. Predictive analytics allows systems to predict cyberattacks based on historical data and threat intelligence, enabling corrective actions to be taken to reduce the risk [7]. Automated threat response, on the other hand, uses artificial intelligence to implement defensive measures—such as isolating infected systems or blocking malicious traffic—without the need for human intervention. These capabilities significantly increase the speed and accuracy of cybersecurity measures, allowing organizations to achieve greater resilience to cyber threats.

For institutions, such as the Examination Council of Zambia (ECZ), which handle highly sensitive examination data and records, adopting AI-based cybersecurity systems is essential. Universities have become a prime target for cybercriminals due to the high value of their data and the lack of security measures [8]. A breach of examination systems can compromise the integrity of academic results and cause significant damage to reputation and operations. AI's ability to continuously learn and adapt to new attack vectors is a powerful tool for protecting critical systems from a wide range of threats, including ransomware, phishing attacks, and unauthorized access [9].

Despite the potential, the implementation of AI-based cybersecurity systems in developing contexts, such as Zambia, is often hampered by infrastructure and resource constraints. However, as demonstrated in other areas, the integration of AI

can improve the ability of an organization to respond effectively to cyber threats. For ECZ, using AI-based tools can reduce the risk of cyber-attacks, protect test data and ensure the integrity of the enterprise, which is essential for the country's education sector and development.

Therefore, the transformative role of AI in cybersecurity lies in its ability to automate threat detection, predict new threats, and provide robust defenses against cyberattacks. Using machine learning, deep learning, and predictive analytics, AI not only increases the effectiveness and accuracy of cybersecurity measures, but also addresses the challenges of dynamic and previously unknown threats. For academic institutions like ECZ, integrating artificial intelligence into cybersecurity frameworks is essential to protect sensitive data, maintain control, and build trust in the testing system. Strategic investments in AI infrastructure and capacity building are essential to realize the full potential of these technologies in the fight against new cyberthreats.

Cybersecurity challenges in education institutions around the world face a number of cybersecurity challenges due to their high reliance on digital technologies for administrative processes, software, and online learning platforms. As the education sector undergoes a digital transformation, it is increasingly vulnerable to cyber-attacks that exploit systemic weaknesses in infrastructure, governance, and human resources [10]. These challenges are exacerbated by the rapid adoption of digital solutions, often without investment in cybersecurity practices, and the creation of large spaces for cybercriminals to exploit.

### **3 THE RISE OF CIBER THREATS IN EDUCATION**

The education sector has become a prime target for cyber-attacks due to the sensitive nature of the data it contains, including student data, exam results, financial information and proprietary research. . Educational institutions manage large repositories of personal and academic information, making them attractive to hackers who seek to exploit this data for financial or other malicious purposes. Brecht et al. (2020) describe educational institutions as “soft targets,” largely because they often lack the funding, expertise, and technical infrastructure needed to implement strong cybersecurity defenses [10].

[12/17, 8:29 PM] Mlam Joe: Ransomware attacks, phishing campaigns, distributed denial of service (DDoS) attacks, and insider threats have become increasingly common. For example, ransomware attacks can encrypt critical institutional data, making it inaccessible until a ransom is paid, thereby disrupting operations and causing financial losses [11]. Similarly, phishing attempts targeting staff or students often compromise login credentials, giving attackers unauthorized access to internal systems. Unauthorized access to exam results and administrative records can not only damage an institution's credibility, but also undermine trust in the education system as a whole.

### **4 UNIQUE CHALLENGES IN EDUCATION INSTITUTIONS**

Compared to other sectors such as finance and healthcare, the education sector faces unique cybersecurity challenges. These include: Limited financial resources.

One of the recurring challenges for educational institutions, especially in developing regions, is the lack of funds for cybersecurity infrastructure. Institutions often prioritize administrative and learning costs over investments in strong digital security measures [8]. As a result, many institutions rely on outdated software and insufficiently secure networks, which are vulnerable to cyberattacks.

### **5 CASE STUDIES OF CYBERATTACKS AGAINST EDUCATIONAL INSTITUTIONS**

Empirical data highlight the growing landscape of threats facing educational institutions. For example, in 2020, the University of California, San Francisco was the victim of a ransomware attack, forcing it to pay more than \$1 million to regain access to its systems [12]. Similarly, a large-scale DDoS attack disrupted the exam systems of a university in South Africa, leading to delays and reputational damage [13]. These cases highlight the need for robust cyber security structures that can effectively anticipate, detect and respond to cyber threats. In developing countries like Zambia, where institutions are increasingly adopting digital solutions to manage examinations, similar risks exist. Cyberattacks on ECZ would not only compromise the integrity of data, but could also have far-reaching socio-economic consequences, especially in a system where academic achievement is critical for professional advancement and national development.

#### **5.1 High User Volume and Diversity**

Educational institutions host a wide range of users, including students, faculty, and administrators, all accessing systems with varying levels of expertise and technical awareness. This diversity increases the risk of human errors, such as weak passwords or phishing attacks, which can lead to breaches [14].

Integration of multiple digital platforms:

Institutions rely on multiple interconnected systems, such as learning management systems (LMS), online testing platforms, and administrative databases, which often lack consistent cybersecurity policy protocols. Poorly integrated systems are prone to vulnerabilities that attackers can exploit [15].

Internal Threats:

(1) Educational institutions are also exposed to insider threats, when individuals within the organization, maliciously or otherwise, contribute to data breaches or other cyber risks [16].

(2) Impact on Developing Regions: While developed countries have made significant progress in adopting advanced cybersecurity measures, including AI-based tools, institutions in developing regions face much greater challenges. Sub-Saharan Africa, for example, struggles with severe infrastructure deficits, limited financial resources, and a shortage of cybersecurity professionals. Mutisya and Rotich (2021) argue that most educational institutions in the region lack the technical capacity to implement advanced protection systems [8], making them highly exposed to cyber threats. In Zambia, the Examinations Council of Zambia (ECZ) is no exception. As the custodian of the national examination systems, ECZ faces serious consequences if its systems are compromised, including the breach of examination data, the falsification of results and the disruption of administrative operations. Such incidents can undermine the credibility of the education system and erode trust among stakeholders, including students, parents and policymakers.

(3) The role of policies and capacity building: Addressing cybersecurity challenges in educational institutions requires a multifaceted approach that includes policy development, capacity building, and technology investments. According to Kshetri and Voas (2019) [11], governments should prioritize cybersecurity policies tailored to the education sector, ensuring that institutions have a clear framework for protecting sensitive data and responding to cyber incidents. In addition, investment in digital education and training programs is essential to equip staff and students with the knowledge and skills to identify and mitigate cyber risks. Capacity building is particularly essential in developing regions. Olabode et al. (2021) highlight the need for partnerships between governments, private sector actors and international organizations to address the cybersecurity skills gap and provide access to cutting-edge technologies such as AI [17]. Such collaborations can help institutions in regions such as Sub-Saharan Africa build resilient systems that can withstand modern cyber threats.

## 5.2 Behavioral Analysis and Anomaly Detection

Using AI, systems can learn basic user behaviors and flag deviations, which can indicate potential threats [4].

### 5.2.1 Automated threat intelligence

AI tools analyze large volumes of cyber threat data to provide actionable intelligence to mitigate risks.

### 5.2.2 Data encryption and security automation

AI improves data encryption and automates responses to security breaches, thereby minimizing human error and improving efficiency [9]. These AI applications have tremendous potential to improve the ability of ECZs to detect and prevent cyberattacks while protecting sensitive examination data.

## 6 THE ROLE OF POLICIES AND CAPACITY BUILDING

Addressing cybersecurity challenges in educational institutions requires a multifaceted approach that includes policy development, capacity building, and technology investments. According to Kshetri and Voas (2019) [11], governments should prioritize cybersecurity policies tailored to the education sector, ensuring that institutions have a clear framework for protecting sensitive data and responding to cyber incidents. In addition, investment in digital education and training programs is essential to equip staff and students with the knowledge and skills to identify and mitigate cyber risks. Capacity building is particularly essential in developing regions. Olabode et al. (2021) highlight the need for partnerships between governments [17], private sector actors and international organizations to address the cybersecurity skills gap and provide access to cutting-edge technologies such as AI. Such collaborations can help institutions in regions such as Sub-Saharan Africa build resilient systems that can withstand modern cyber threats.

## 7 CHALLENGES OF IMPLEMENTING AI IN CYBER DEFENSE SYSTEMS

Despite the proven cybersecurity benefits of AI, its adoption in developing countries, including Zambia, is not without challenges. Implementing AI systems requires significant financial investments in infrastructure, tools, and skilled human resources. Educational institutions often lack the budget to purchase and maintain AI systems, making them vulnerable to cyber threats. Another major challenge is the lack of technical expertise. The successful implementation of AI-based cyber defense systems relies on skilled professionals able to design, implement and monitor these technologies. However, developing countries face a significant skills gap in AI and cybersecurity, which limits the effectiveness of these initiatives.

### 7.1 Ethical and Legal

considerations also complicate the adoption of AI. Concerns about data privacy, transparency and accountability in AI decision-making must be addressed to ensure ethical implementation. In addition, the lack of a clear policy and regulatory framework for the adoption of AI in Zambia poses a significant obstacle to progress.

### 7.2 Ethical Considerations

Ethical approval was obtained from the relevant institutional review boards before conducting the study. Participants were informed about the purpose of the study and informed consent was obtained before the interview. Confidentiality and anonymity were maintained by ensuring that data were anonymized during transcription and analysis.

### 7.3 Frontiers

Although the qualitative approach provides in-depth insights, the findings cannot be generalizable to all educational institutions due to the contextual nature of the study. In addition, resource and time constraints limited the sample size to 15 participants. Future research can complement these findings with quantitative data to provide a broader perspective on AI adoption in cybersecurity.

### 7.4 Conclusion

This methodological framework has enabled a comprehensive review of the current state of cybersecurity in the Zambia Examinations Council, the potential role of AI technologies and the challenges that hinder their implementation. By using multiple data collection methods and rigorous analysis, this study ensures the generation of reliable and contextually relevant results that contribute to academic studies and practical solutions for ECZ.

### 7.5 Summary of Gaps in the Literature

Although existing studies demonstrate the potential of AI in cybersecurity, little research explores its specific application in examination management systems in developing countries. This study fills this gap by focusing on the Zambia Examinations Council, examining how AI can improve its cyber defense capabilities and identifying challenges that hinder its implementation.

### 7.6 Data Encryption and Security Automation

AI improves data encryption and automates responses to security breaches, thereby minimizing human error and improving efficiency [9]. These AI applications have tremendous potential to improve the ability of ECZs to detect and prevent cyberattacks while protecting sensitive examination data.

## 8 METHODOLOGY

This study uses a qualitative research design to explore the application of artificial intelligence (AI) to improve cyber defense systems at the Examination Council of Zambia (ECZ), focusing on the benefits and challenges associated with it. A qualitative approach was chosen because it allows for an in-depth exploration of participants' perspectives, experiences, and contextual factors that influence the adoption of AI-based cybersecurity systems.

### 8.1 Research Design

The study uses an exploratory case study design, which is particularly suited to examining complex phenomena in real-world contexts. ECZ was selected as the case study institution due to its critical role in managing national examination data and its increasing reliance on digital platforms for examination processing and administrative tasks. This design facilitates a detailed investigation of current cybersecurity practices in the ECZ, the potential application of AI technologies, and the challenges that limit their adoption.

### 8.2 Data Collection Methods

To ensure a rich and comprehensive understanding of the topic, data were collected using the following qualitative methods:

#### 8.2.1 Semi-structured interviews

Semi-structured interviews were conducted with key stakeholders at the Zambia Examinations Council, including IT professionals, senior managers, policy makers and technical staff responsible for cybersecurity. This method was chosen to allow for flexibility in the questions while ensuring that the underlying research objectives were addressed [2]. Open-ended questions were used to encourage participants to share their experiences, opinions and suggestions regarding the adoption of AI-based cyber defence systems.

The interview questions were structured around the following topics:

- (1) Current ECZ cybersecurity measures
- (2) Raising awareness and readiness to adopt AI in cybersecurity
- (3) Perceived benefits of AI-based systems in cyber defense
- (4) Challenges and barriers to implementing AI technologies, such as resource constraints, expertise, and ethical concerns

A total of 15 participants were interviewed, ensuring diversity across roles and expertise. The interviews were conducted in person and via virtual platforms such as Zoom, depending on the participants' availability. All interviews were recorded (with consent) and transcribed for analysis.

### **8.2.2 Document analysis**

Secondary data were collected through a thorough review of relevant documents, including ECZ cybersecurity policies, digital infrastructure reports, IT performance data, and incident logs related to past cyber threats or breaches. In addition, global and regional reports on AI applications in cybersecurity were analyzed to provide context and comparisons. Document analysis allowed for data triangulation, thereby strengthening the reliability and validity of the findings [2].

### **8.2.3 Observations**

Non-participant observations were conducted to assess the existing cybersecurity infrastructure and practices in the ECZ. Observations focused on the systems used to manage, monitor and protect data, as well as the level of automation and readiness for integrating AI tools into existing frameworks. Field notes were taken to record observations regarding the organizational environment, technical infrastructure and cybersecurity operations.

## **8.3 Sampling Strategy**

A purposive sampling strategy was used to identify participants with relevant knowledge and experience in cybersecurity, AI applications, and organizational management. This sampling method ensures that data is collected from individuals who are most likely to provide valuable information. Inclusion criteria included:

IT staff with expertise in cybersecurity and digital systems

Senior managers involved in decision-making and resource allocation

Policy or advisors responsible for digital strategies in the education sector

Technical staff with knowledge of cyber threat incidents and incident responses

## **8.4 Data Analysis**

Thematic analysis was used to analyze the qualitative data collected from interviews, documents, and observations. The following steps were followed:

(1) Familiarization with the data: Transcripts and field notes were read several times to gain a thorough understanding of the data.

(2) Coding: Initial codes were created to identify important features of the data, such as patterns, phrases, or recurring ideas.

(3) Theme identification: Codes were grouped into themes aligned with research objectives, such as AI applications, cybersecurity challenges, and organizational capabilities

(4) Review and refinement: Themes were reviewed to ensure consistency, relevance, and coherence. Discrepancies were resolved through peer review and consultation.

(5) Interpretation: The final themes were analyzed in relation to the research questions and existing literature to provide an overview of the study findings.

## **8.5 Reliability and Rigor**

### **8.5.1 To ensure the reliability of the study the following measures were used**

**Reliability:** Triangulation of data sources (interviews, document analysis, and observations) ensured a comprehensive understanding of the research problem. **Member verification** was performed by sharing results with participants for validation. **Trustworthiness:** A clear audit trail was maintained to document research decisions, data collection processes, and analysis methods. **Transferability:** Detailed descriptions of the research context and methodology are provided to allow readers to assess the applicability of the findings to similar contexts. **Confirmability:** Researcher bias was minimized by maintaining reflective journals and seeking peer discussions throughout the study process.

### **8.5.2 Adoption of AI in developing countries**

In sub-Saharan Africa, the adoption of AI technologies for cybersecurity remains limited, but there is growing interest. Countries such as Kenya and South Africa have made progress in using AI to improve cyber defense systems, particularly in the banking and government sectors [13]. However, in education, the adoption of AI remains slow due to institutional barriers, limited awareness, and insufficient policy support. For Zambia, this highlights the need for targeted capacity development, strategic investments, and collaborative efforts between government institutions, education stakeholders, and the private sector.

### **8.5.3 Discussion**

The integration of artificial intelligence (AI) into cyber defense systems represents a transformative opportunity for organizations such as the Examinations Council of Zambia (ECZ) to address pressing cyber security challenges. As educational institutions increasingly rely on digital platforms for data management, exam administration and communication, the sophistication and frequency of cyber-attacks have increased, requiring more advanced defensive and

proactive mechanisms [10]. This discussion examines the applications of AI in cyber defense systems, its benefits, and the challenges associated with its adoption in the Zambian context.

## **9 THE ROLE OF AI IN CYBER DEFENSE SYSTEMS**

AI has revolutionized cybersecurity by shifting the paradigm from reactive defense to proactive threat mitigation. Traditional rules-based systems often struggle to deal with zero-day vulnerabilities, advanced persistent threats (APTs) and other emerging cyberattacks [1]. AI, particularly machine learning (ML) and deep learning (DL), enables systems to analyze large volumes of data to identify patterns, detect anomalies, and predict potential threats in real time. For example, ML models can monitor network traffic and report abnormal activity that may indicate a cyberattack, while DL methods, such as neural networks, further refine detection accuracy [4]. For ECZ, AI-based tools provide significant benefits, such as automating threat detection and improving intrusion detection systems (IDS). Automated systems, as noted by Kumar et al. (2020) [3], can significantly reduce the time between identifying a threat and implementing appropriate countermeasures, thereby ensuring the protection of sensitive audit data. AI-based predictive analytics allows institutions to predict potential attack vectors based on historical data, thereby enabling preventive actions to mitigate risks [7].

### **9.1 Ensuring Data Integrity and Institutional Credibility**

In an educational context, the integrity of examination data and administrative records is essential. Any cyberattack that compromises this data can damage the credibility of the education system and erode stakeholder trust. Mutisya and Rotich point out that flaws in examination systems can have far-reaching consequences, including manipulation of student results, identity theft, and reputational damage. For ECZ, the adoption of AI in cyber defense systems can provide a robust solution to protect examination databases and ensure data integrity.

For example, both supervised and unsupervised learning models play a critical role in anomaly detection. Supervised models rely on labeled data to identify known cyber threats, while unsupervised learning can autonomously detect previously unknown threats by analyzing deviations in system behavior [2]. The ability to address known and emerging threats ensures that institutions remain resilient against attacks such as ransomware, phishing and data breaches. The role of AI in securing cloud-based systems, widely adopted for online examinations and data storage, also strengthens the cybersecurity posture.

### **9.2 Challenges in Adopting AI-Based Cyber Defense Systems**

Despite their potential, the adoption of AI-based cybersecurity solutions in institutions such as ECZ faces several challenges, especially in resource-constrained environments. Limited financial resources, a common issue in sub-Saharan Africa, limit investment in advanced cybersecurity infrastructure [8]. Educational institutions in developing regions often operate on tight budgets, prioritizing academic and administrative functions over cybersecurity investments. This leaves systems vulnerable to attacks due to outdated software and inadequate defenses [10].

Furthermore, implementing AI-based solutions requires specialized technical expertise, which is often lacking in development contexts. As pointed out by Olabode et al. (2021) [17], there is a significant skills gap in cybersecurity and AI, with few professionals trained to implement and manage AI-based defense systems. This lack of expertise can hinder the successful integration and maintenance of AI tools. For ECZ, it is essential to address this skills gap through capacity building initiatives and partnerships with technology providers.

Ethical considerations and confidentiality also emerge as key challenges. AI systems require access to large amounts of data to operate effectively, which can raise concerns about data privacy and regulatory compliance. Educational institutions must balance the need for increased security with ethical considerations, ensuring that AI systems operate transparently and comply with privacy laws [16].

### **9.3 Strategic Approach for Successful AI Integration**

To overcome these challenges, ECZs need to adopt a multi-pronged strategic approach. First, investments in AI infrastructure and cloud-based cybersecurity tools should be prioritized, with support from government agencies and partnerships with the private sector. Collaborative initiatives, as Kshetri and Voas (2019) point out [16], can provide access to advanced technologies and technical skills needed to implement AI. Second, capacity building programs focused on training IT staff in AI and cybersecurity skills are essential. Such programs can help bridge the knowledge gap and ensure that AI systems are implemented and managed effectively. Additionally, awareness campaigns targeting staff and stakeholders can reduce human vulnerabilities, such as phishing and poor password practices [14]. Finally, developing appropriate cybersecurity policies and governance frameworks for educational institutions provides clear guidance for AI adoption. These policies should address ethical issues, data privacy, and system integration challenges, ensuring that AI tools are deployed responsibly and effectively [5] (Luo et al., 2021).

## 9.4 Summary

Integrating AI into cyber defense systems provides a transformative solution to protect the Zambian Board of Review's critical systems from modern cyber threats. AI's capabilities in real-time threat detection, predictive analytics, and automated responses provide significant advantages over traditional security measures. However, challenges such as limited financial resources, skills shortages and ethical issues need to be addressed to fully exploit the potential of AI. By prioritizing investment in infrastructure, capacity building and strong policy frameworks, ECZ can strengthen its cybersecurity position, ensuring the integrity of exam data and fostering trust in the education system.

## 9.5 Conclusion

The adoption of artificial intelligence (AI) in cyber defense systems holds great promise for the Examinations Council of Zambia (ECZ) to address modern cybersecurity threats. As cyberattacks become more complex and frequent, traditional security measures have proven insufficient to protect sensitive educational data, including examination results and administrative records. AI-based solutions, using machine learning (ML) and deep learning (DL), provide proactive, automated and adaptive mechanisms for threat detection, prevention and response. These capabilities are particularly vital for ECZ, where the integrity and security of examination data is essential to maintaining institutional credibility and public trust in the education system.

Despite the transformative potential of AI, challenges persist in resource-constrained settings like Zambia. Limited financial investment, infrastructure deficits, and a lack of skilled cybersecurity professionals are hindering the large-scale deployment of AI technologies. In addition, ethical and privacy concerns surrounding AI systems require the development of clear policy and governance frameworks. Addressing these challenges requires a multifaceted approach, including increased investment in AI infrastructure, targeted capacity-building programs, public-private partnerships, and the creation of robust regulatory frameworks.

By strategically adopting AI-enabled cyber defense systems, ECZ can significantly improve its resilience to cyber threats, ensuring the protection of critical data and the continued reliability of education assessment processes in Zambia. Going forward, a sustained commitment to innovation, collaboration, and capacity building will be key to overcoming the challenges and harnessing the full potential of AI to secure educational institutions.

### 9.5.1 Challenges in adopting AI-Based cyber defense systems

Despite their potential, the adoption of AI-based cybersecurity solutions in institutions such as ECZ faces several challenges, especially in resource-constrained environments. Limited financial resources, a common issue in sub-Saharan Africa, limit investment in advanced cybersecurity infrastructure [8]. Educational institutions in developing regions often operate on tight budgets, prioritizing academic and administrative functions over cybersecurity investments. This leaves systems vulnerable to attacks due to outdated software and inadequate defenses [10].

Furthermore, implementing AI-based solutions requires specialized technical expertise, which is often lacking in development contexts. As pointed out by Olabode et al. (2021) [17], there is a significant skills gap in cybersecurity and AI, with few professionals trained to implement and manage AI-based defense systems. This lack of expertise can hinder the successful integration and maintenance of AI tools. For ECZ, it is essential to address this skills gap through capacity building initiatives and partnerships with technology providers.

Ethical considerations and confidentiality also emerge as key challenges. AI systems require access to large amounts of data to operate effectively, which can raise concerns about data privacy and regulatory compliance. Educational institutions must balance the need for increased security with ethical considerations, ensuring that AI systems operate transparently and comply with privacy laws [16].

### 9.5.2 Strategic approach for successful AI integration

To overcome these challenges, ECZs need to adopt a multi-pronged strategic approach. First, investments in AI infrastructure and cloud-based cybersecurity tools should be prioritized, with support from government agencies and partnerships with the private sector. Collaborative initiatives, as Kshetri and Voas (2019) point out [11], can provide access to advanced technologies and technical skills needed to implement AI. Second, capacity building programs focused on training IT staff in AI and cybersecurity skills are essential. Such programs can help bridge the knowledge gap and ensure that AI systems are implemented and managed effectively. Additionally, awareness campaigns targeting staff and stakeholders can reduce human vulnerabilities, such as phishing and poor password practices [14]. Finally, developing appropriate cybersecurity policies and governance frameworks for educational institutions provides clear guidance for AI adoption. These policies should address ethical issues, data privacy, and system integration challenges, ensuring that AI tools are deployed responsibly and effectively [15].

## 10 CONCLUSION

Integrating AI into cyber defense systems provides a transformative solution to protect the Zambian Board of Review's critical systems from modern cyber threats. AI's capabilities in real-time threat detection, predictive analytics, and



automated responses provide significant advantages over traditional security measures. However, challenges such as limited financial resources, skills shortages and ethical issues need to be addressed to fully exploit the potential of AI. By prioritizing investment in infrastructure, capacity building and strong policy frameworks, ECZ can strengthen its cybersecurity position, ensuring the integrity of exam data and fostering trust in the education system.

## COMPETING INTERESTS

The authors have no relevant financial or non-financial interests to disclose.

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